

FAMILY RESOURCES
Post Falls Area

Health & Safety Assistance

Idaho Department of Health & Welfare:
1-800-356-9868

Family & Children's Services/ food stamps/
Medicaid/child support

Idaho Care Line phone # 211

O.A.S.I.S.-Post Falls Domestic Violence Assistance: 773-1080 or 773-3517

Contact Bridgette or C.J., O.A.S.I.S. Advocates, for more information and support services available.

Child Protection and Children's Mental Health: 769-1515

Adult Mental Health, Kootenai Behavioral Health: 625-4800

Veteran Services (Kootenai Co.): 769-7518

Kootenai County Assistance 446-1886

Call to ask about application process.
451 Government Way – Coeur d'Alene
Open Mon – Fri – 9:00 am – 5:00 pm
Assists with emergency Medical, dental, rent, utilities

North ID Violence Prevention Center: 664-9303

Post Falls School Nursing Services :773-6976

Panhandle Health District: 415-5270

8500 N. Atlas Rd. Hayden, ID 83835
Immunization and Family Planning
Appointments. "Resource Nurse" provides medical assessment and community resources.
Based on ability to pay. Must call for an appointment at 7AM for that day.

Heritage Health Clinic: 292-0292

Medical services for children and adults who have low income or no access to medical care. Fees based on sliding scale. Monday – Friday 9 am to 5 pm. call for medical appointment , Counseling services 292-0303

Alcoholics Anonymous Meetings (CDA):667-4633 24 hour line

Community Action Agency: 208-664-8757

4144 West Industrial Loop Coeur d'Alene
Energy & telephone assistance, food bank, crisis assistance. May require income qualifications.

ID Suicide Prevention Hotline :1-800-564-2120
Available 24/7

Employment

Department of Labor Post Falls Office:
457-8789

Industrial Personnel: 765-2000

1119 Ironwood Parkway Ste. 201 – Coeur d'Alene

Labor Ready: 765-7778

1916 Sherman Avenue – Coeur d'Alene

See more on reverse side

Housing

St. Vincent DePaul Social Services: 664-3095 –108 E Walnut, Coeur d'Alene Shelter for women & children, and a men's shelter. www.stvincentdepaulcda.org	Family Promise of North Idaho: 208-777-4190 1687 Horse haven Rd. Post Falls, Idaho 83854 www.familypromiseni.org
Transitional Housing: 664-3095	UGM Center for Women & Children: 665-4673

Food & Clothing Assistance

St. Pius X Church: 765-5108 – 625 Haycraft – Coeur d'Alene Soup Kitchen and food bank Outreach program: assistance with rent, utilities, food.....Speak to Lillian – Tues – Fri 9 am –12 www.stpiuscda.org	Post Falls Food Bank: 773-0139 – East 415 3 rd St.– Monday - Friday 9am – 2pm <i>Must bring:</i> proof of income, proof of residence and social security cards for household members
WIC—Women Infant & Children's Program : 415-5130 for appointment – Mon-Fri 8am – 5pm Food supplements and nutritional support for eligible pregnant women and children.	New Life Community Church: 687-3606 6068 W Hayden Avenue
Avista Utilities: 664-1877	Real Life Community Church: 777-7325 1866 N Cecil Road www.reallifeministries.com

Education

ICARE: 208-676-1515 Education for all age levels Coeur'd Alene 83814 www.stvincentdepaulcda.org	Head Start & District Preschool: 773-6164 – Post Falls Free developmental screening for 3 & 4 year olds
Center for New Directions: 769-3445 – North Idaho College Personal, career, educational counseling for individuals entering the work force.	Mountain States Early Head Start: 765-6955 – Harding Family Center – Coeur d'Alene Support to children and families from pregnancy to age three.

Legal Assistance

Legal Link : 664-3095 ext 233 Free legal advice
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Counseling Services

Kootenai Behavioral Health: 625-4800 See School Counseling Staff for many other local referrals
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More Resources Information

Free Pregnancy Testing – Birth Right – 664-1390 ---- Open Arms – 667-5433 NICON: North Idaho Community Resource Directory 667-6400
