

# POST FALLS HIGH SCHOOL

## CODE OF CONDUCT

Participating in extracurricular activities is both an honor and a responsibility. Participating students are recognized for their achievements as representatives of their school and its ideals. Good physical conditioning and sound attitudes are integral to participation in Post Falls High School's programs.

It is a PRIVILEGE not a RIGHT to participate in extracurricular activities. By accepting this privilege, students are expected to adhere to a higher standard of conduct. This privilege is extended to all, provided that students are willing to assume certain responsibilities. A student participant must be a credit to oneself, the school, and the community. It is expected that all student participants will exceed minimum standards of conduct.

The primary concern of the school and activities department in encouraging participants to refrain from the use of certain substances is the health and physical/psychological well being of the participating student. A secondary objective is to ensure that the student properly represents himself/herself, his/her family, and the school. Additionally, the physical fitness of the participating student to perform to the best of his/her ability should be maintained. The mental well being and development of self-esteem in the young individual are also of paramount importance.

Participating students' conduct in and out of school shall reflect credit upon the school and the community. Participating students should not create a disruptive influence on the discipline, good order, moral or educational environment in the school.

Participants who fail to abide by this activity code are subject to disciplinary action as prescribed by the code. As recognized representatives of their schools, members of PFHS teams and activities must demonstrate the character and behavior outlined in this code. Students will be expected to adhere to the code at all times including off-season and summer. School officials will monitor the behavior of students involved in activities at all times as well. The code will be in affect at the beginning of the first practice the student's freshman year until they graduate from PFHS. This high school activities code shall cover all students in grades 9-12. Violations of the code of conduct are cumulative from season to season and year to year throughout the student athlete's high school career.

## GENERAL EXPECTATIONS

### Academic/Attendance Expectations

A student who participates in our activities program is expected to:

1. Follow and adhere to Post Falls High School and Idaho High School Activity rules regarding student eligibility including the following:
  - a. Students must be enrolled in at least five full credit classes the semester that they are participating in an activity.
  - b. A student not passing five full credit academic classes each semester will be ineligible to participate in contests the following semester. ( IHSAA Policy)
2. Attend at least four classes the day of a practice or game to be able to participate that day. If the student is not going to attend four classes the day of a practice or game, they need to have prior approval from the

activities director, the building principal or principal designee in order to participate that day. Students must have a valid excuse for not attending four classes.

## **Team/Organization Expectations**

Students must:

1. Complete and turn in all necessary information with parent and student signatures.
2. Have a current physical examination record on file with the school prior to the first practice in accordance with IHSAA rules.
3. Purchase an associated student body card and pay the activities surcharge. The third activity during a school year that a student is involved in the surcharge will be free to that student.
4. Purchase insurance or show proof of insurance.
5. Follow the instructions of the coach or advisor regarding playing techniques, training, team rules or conduct, or other matters related to the sports or activity program.
6. Follow all additional team/organization rules as outlined by the coaches.
7. Display appropriate conduct including respect of persons and property at all times.
8. Students shall not display any unsportsmanlike conduct towards an opponent or official, or use profanity, obscene or vulgar language, or gesture during a practice or contest. These actions shall result in loss of playing time or suspension.
9. Attend practice, contests, awards nights, and/or any other function related to the activity.
10. Travel on school-arranged transportation to all events related to the activity. Permission may be given, when arrangements are made in advance, for the student to ride home from the game with the student's parents or guardian. Permission must also be in writing and signed by a parent/guardian in person at the site of the contest.
11. Be responsible for all equipment, materials, and/or clothing issued to the student. The loss or misuse of such equipment shall be the financial obligation of the student and parent.

If a problem occurs with the team/organization expectations, the coach, with assistance from the Activities Director, will be responsible for appropriate disciplinary action. This may include losing the privilege of participating in the extra-curricular activity.

## CODE RULES

1. Prior to participation in an activity, each student shall have a signed and dated contract on file in the school office. Students will not be allowed to participate in the interscholastic program, both practice and contest, until the signed contract is on file in the activities office.
2. If a student is in violation at the end of a season or before a season starts, the suspension will carry over into the next season of participation. The unfulfilled portion of the penalty will be fulfilled in proportion to the length of the next sport season based on the number of contests. Violation penalties not completed by the end of the school year will carry over into the next school year and activity.
3. A participating student not able to successfully complete the season because of suspension for a violation will forfeit any special awards that may have been earned during the season. To successfully complete the season means an athlete must finish the season in good standing. The season is completed at the conclusion of the awards banquet. If a student is removed from the team or becomes academically ineligible then the portion of the suspension left must be served during the students next season of participation. If a student is injured and cannot participate during their suspension then the percentage the student is sitting out will continue to accumulate. Meaning if the student owes 30% and has sat out 10% and is then injured the next 20% of the season will count towards his 30%.
4. Suspended athletes will be required to attend all meetings, practices, and functions as any other athlete during their suspension unless the coach and Activities Director agree that this would not be beneficial for the student and team. Suspended students attending games must be dressed in street clothes.
5. In order to fulfill a code discipline, the student must successfully participate from the first day to the last day of the season. The coach of each sport will determine success.
6. Any report of a violation of the code of conduct given to the Principal, Assistant Principal, or Activities Director by a member of the staff, any member of the faculty, law enforcement official, parent, or reliable source, indicating sufficient evidence will be investigated and disciplined as to the findings of that investigation.
7. A 1.5 contest suspension constitutes one-contest suspension while a 1.6 contest suspension constitutes a two-contest suspension.
8. Appeals - A reasonable appeals process shall be afforded to all students with regard to the administration of the code of conduct policy. All appeals of the code of conduct discipline shall be initiated at the school level and initiated through the Activities Director. The appeal will start with the Principal at PFHS and then appeal process will go to the Assistant Superintendent and then to the School Board.
9. During the summer, only charged/ticketed offenses will be investigated and will be subject to the discipline in the code of conduct.
10. Use or possession of tobacco/e-cigarette products is prohibited under this code even when a student reaches their 18<sup>th</sup> birthday.
11. If a case where the student has not completed his counseling, or community service obligations before they are eligible to return to contests, due to lack of time. They must show they are enrolled in a counseling

program and have shown progress towards finishing the program. They must also show progress towards finishing their community service hours in order to return to the contests.

12. If the student does not have any violations in the code for two years (730 days) they will move back one step on the code. The student will be able to make the move only one time in their High School Career. If they have violations in both A and B categories they would move back in both categories one step.
13. The student has the option of self reporting a violation. If the student self reports a violation it will cut their suspension time by 10%. This is only an option on their first violation.
  - They must report the violation by 3:00pm the next school day after the violation.
  - If the violation occurred during the summer and they are a fall athlete they must report the violation on the 1<sup>st</sup> day of fall practice.
  - If the violation occurs during the summer and they are not a fall athlete they must report the violation on the 1st day of school.
  - It must be reported to the Head Coach, Principal, Activities Director or one of the Assistant Principals.

The guidelines of this code of conduct are set out to provide clear behavior expectations and consequences for students participating in extracurricular activities and programs and will be followed in a consistent manner.

Federal laws, state laws and Post Falls School District Policy will supercede this code of conduct if and when it would be necessary.

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CODE OF CONDUCT**

<b>VIOLATION</b>	<b>FIRST OFFENSE</b>	<b>SECOND OFFENSE</b>	<b>THIRD OFFENSE</b>	<b>FOURTH OFFENSE</b>
<p><b>Category A</b></p> <p>X Possession, consumption, or sale of tobacco, e-cigarettes, alcohol, steroids, drugs, look-a-like drugs, or drug paraphernalia</p> <p>X Any criminal activity that a student admits to or is charged/ticketed or arrested by a law enforcement official (does not include minor traffic/ violations). Includes status offenses.</p> <p>X Offenses that are subject to a long term suspension. (4 or more days)</p>	<p>X 80% of upcoming contests/ activities</p> <p>X Can be reduced to 30% if the student completes a school approved counseling program at the family’s expense and completes 8 hours of school or community service. Can be cut to 20% if self-reported on the first offense.</p> <p>X Parent notification</p> <p>X 70% if self-reported on the first offense.</p>	<p>X 80% of upcoming contests/ activities</p> <p>X Parent notification</p> <p>X Loss of school athletic letters and awards</p> <p>X 10 hours of school or community service</p> <p>X ‡</p>	<p>X Student is ineligible for 365 days from the date of infraction</p> <p>X Parent notification</p> <p>X Loss of school athletic letters and awards</p> <p>X 12 hours of school or community service</p>	<p>X Student will lose eligibility for the remainder of their high school career</p> <p>X Loss of school athletic letters and awards</p>

‡ Sanctions will apply from season to season and year to year – Refer to Code Rules # 2

\* Season will include all regular season games, tournament play and special contests connected to the specific activity/sport season. Students will not be allowed to play in any jamborees or scrimmages until the suspension is fulfilled.

**Number of games/dates that equal the percentage of the sports season for a code of conduct violation:**

B/G Cross Country	8 meets	10% = 1 meet	20% = 2 meets	30% = 2 meets	80% = 6 meets
B/G Golf	10 dates	10% = 1 date	20% = 2 dates	30% = 3 dates	80% = 8 dates
Football	9 games	10% = 1 game	20% = 2 games	30% = 3 games	80% = 7 games
Boys and Girls' Soccer	16 games	10% = 2 games	20% = 3 games	30% = 5 games	80% = 13 games
Boys and Girls' Swimming	6 dates	10% = 1 date	20% = 1 date	30% = 2 dates	80% = 5 dates
Girls' Volleyball	16 dates	10% = 2 dates	20% = 3 dates	30% = 5 dates	80% = 13 dates
B/G Basketball	20 games	10% = 2 games	20% = 4 games	30% = 6 games	80% = 16 games
Wrestling	15 dates	10% = 1 dates	20% = 3 dates	30% = 4 dates	80% = 12 dates
Baseball/Softball	22 games	10% = 2 games	20% = 4 games	30% = 7 games	80% = 18 games
Boys' and Girls Tennis	16 dates	10% = 2 dates	20% = 3 dates	30% = 5 dates	80% = 13 dates
B/G Track	8 meets	10% = 1 meet	20% = 2 meets	30% = 2 meets	80% = 6 meets

\*Students will not be allowed to play in any jamborees or scrimmages until their suspension is over.

Note: Cheerleaders will follow the games for that season.